

# Iowa School Age Requirements and Recommendations

☆ **Items with a star next to them are required for entry into school.**

Below is Iowa's recommended immunization schedule. If your child does not meet these requirements please contact your medical provider to discuss a catch up schedule.  
Your child's school may require additional health screenings, tests, or vaccines as well.

## Kindergarten (4-6 years old)

- ☆ 5th dose Diphtheria, Tetanus, and Pertussis (**DTaP**)
- ☆ 4th dose Polio
- ☆ 2nd dose Measles, Mumps, and Rubella (**MMR**)
- ☆ 2nd dose Varicella
- Annual influenza vaccine
- ☆ Dental **screening**– the health provider completing the dental screening must fill out an Iowa Certificate of Dental Screening
- Annual dental exam
- ☆ Vision screening– parent must provide proof of vision screening to their child's school
- Vision exam before 1st grade
- ☆ Lead screening
- Annual well child exam

## 3rd Grade (7-9 years)

- Annual influenza vaccine
- ☆ Vision screening (starting 2014-2015 school year), parent must provide proof of vision screening to their child's school
- Annual dental exam
- Vision exam every other year
- Well child exam at 8 years

## 6th-7th grade (10-12 years)

- ☆ 1st dose Tetanus, Diphtheria, Pertussis (**Tdap**) in 7th grade
- 3 dose Human Papillomavirus (**HPV**) series
- 1st dose Meningococcal Conjugate Vaccine (**MCV4**)
- Annual influenza vaccine
- Annual dental exam
- Vision exam every other year
- Well child exam at 10 and 12 years old

## High School (13-18 years)

- 2nd dose MCV4
- Annual Influenza vaccine
- ☆ Dental **screening** before 9th grade– parent must provide proof of dental screening to their child's school
- Annual dental exam
- Vision exam every other year
- Well child exam every other year

### Please Note:

- ◇ A **kindergarten dental screening** may be performed by a dentist, a registered nurse, an advanced registered nurse practitioner, a physician's assistant, a registered dental hygienist, a medical doctor, or a doctor of osteopathy.
- ◇ A **9th grade dental screening** must be performed by a dentist or a dental hygienist.
- ◇ A **dental exam** must be performed by a dentist.
- ◇ A **vision screening** may be performed by anyone trained to perform vision screens.
- ◇ A **vision exam** must be performed by an optometrist or ophthalmologist.

